



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, JULY 29, 2016

9:00 a.m.

Chairman Harold Haralson called to order this 29th day of July 2016 the regularly scheduled meeting of the Cleveland County Wellness Committee in the conference room at 122 E. Eufaula. Roll call taken and recorded by Tammy Belinson, County Clerk/Secretary, as follows:

Those present were: Harold Haralson, Tammy Belinson, Teri Cox, George Mauldin, John Roberts, Doug Warr and Brian Wint.

Those absent were: Jacob McHughes, Brenda Hill, Carrie Welles and Lexi Verplank.

Ex-officio members present: Linda Atkins, Brittany Marshall, Bryan Jenkins, Rhiana Caldwell, Jennifer Slawson and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **June 24, 2016** and there being no additions or corrections, John Roberts moved, seconded by Tammy Belinson, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; Doug Warr, yes; John Roberts, yes; Brian Wint, yes.
Motion carried.

A. Items of Business:

- 1. Presentation** made by Joanna Parker, Oklahoma Family Health, concerned organizing Health Fairs. She will help with the Cleveland County Employee Health Fair by bringing in local providers. Ms. Parker's work background is through Home Health and Hospice and now consulting. Joanna and her husband have made Oklahoma their home for the last five years. They started Oklahoma Family Health this year. Their main goal is to bring resources and education to not only families but to update physicians as to what is available for their patients.

Teri Cox moved, seconded by John Roberts, to **accept** Joanna Parker's services at no cost to Cleveland County in coordinating **the 2016 Health Fair** with the Health Fair Committee.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; Doug Warr, yes; John Roberts, yes; Brian Wint, yes.

Motion carried.

2. George Mauldin said the **County Wellness Gym Facility** is near completion and will be open soon.
 3. No discussion, consideration and/or action on **Mission Statement Concepts** at this time.
 4. George Mauldin said the scales are in the **Fitness Center** now and Todd Gibson is looking into getting an accurate Blood Pressure Cup to put in there as well. The scales are underneath the stairs.
 5. George Mauldin said he will schedule **CPR** classes next month with a few changes in the presentation.
 6. Meredith Rowland NP said that they will decide the recipient of the **Wellness Challenge** soon.
 7. Teri Cox said that the work continues on the **Health Insurance** with Gallagher Group to do a Request for Proposals in finalizing it to get it ready to go out. They are working on census data along with that to go out to the different providers. The hope is to get all this out by the first week of August 2016. She said that it takes about three weeks to get the responses back and are hoping they will come up with recommendations for the County to move away from the State Fund for 2017.
 8. **Cleveland County Health Fair Scheduled** for September 28, 2016. Teri Cox said the committee is meeting regularly to brainstorm and are coming up with some great ideas. Having Joanna Parker on board is very helpful in having her to manage this for them. There was discussion on trying to make it an outdoor fair only. Obstacles to that other than the weather concerns are such as electricity and harming the water sprinkler system. The thought is to keep it indoors this year. She complimented the people on the committee for doing such an awesome job in planning some creative topics.
Harold Haralson said that for future reference generators are available if the need should arise. The noise factor would be the only issue.
- B. No **new business** at this time.
- C. John Roberts said he met with Aley Cristelli with **Tset**. Jacob McHughes has some forms they will all set down and go over on getting us designated as a healthy employer. At the


moment, there is no money behind the designation, just bragging rights. We may on down the line have the potential to receive some funding incentives. He said it never hurts to try.

(Chairman Haralson asked to place on the next agenda as a topic for discussion.)

- D. There being no further business to come before the Board, Tammy Belinson moved that the meeting be **adjourned**. Teri Cox seconded the motion.
The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; Doug Warr, yes; John Roberts, yes; Brian Wint, yes.
Motion carried.


(Clerk's Note: Agenda posted on July 26, 2016 @ 8:11 am.)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA



Harold Haralson, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board



Minutes Prepared by: 

Deputy County Clerk

